



# BVE Winter Newsletter

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## Principal's Message

Somehow it is February already, after a very busy start to 2026 here at BVE. I hope your family is staying warm and keeping healthy in both body and mind – not always an easy thing during the dark months of Winter! Here at school, we have been trying to keep a good balance of learning and fun, with many opportunities to be active and get outside.

It has been wonderful to welcome many families for different events at the school recently: next year's Kindergarten families came to "Play in the K", this year's Kindergarten classes invite families in for Parents As Literacy Supporters (PALS), and Grade Ones and their families will explore different learning stations during this month's POPS (Parents Of Primary Students) sessions. We have been grateful for lots of parent support to run Exploration Fridays activities with Grade 6 and 7 classes, and for after-school soccer on Mondays, and after-school touch football on Fridays. And let's not forget that great Glow Dance!

BVE Staff members must also be recognized for the incredible work they do, not just each day in the classroom, but with all of the special opportunities they make happen beyond:

Basketball, intramurals, chess club, Battle of the Books, 3D print club, explorations, Spirit Squad, Green Team, sports explorations to RMR, Nordic skiing, skating, outdoor learning, field trips...and much, much more! These are the "extras" that bring joy and variety and challenge to student learning. Not to mention the enthusiastic custodial staff of Ms. Cunningham and Ms. Pratico! My huge appreciation for all of the work and involvement that keeps BVE thriving!

Sincerely,  
Ariel McDowell  
Principal, BVE



## Upcoming Events

Monday, Feb. 2 – PAC meeting 6:30-7:30pm in the BVE Library – all welcome, childcare provided!

Wednesday, Feb. 4 – Whole school FREE hot lunch – fried rice, gluten-free and vegetarian option available (please send a container with a lid and a spoon or fork with your child)

Friday, Feb. 6 – Assembly at 8:40-9:10am, all welcome!

Wednesday, Feb. 11 – Elder Randy visits BVE

Friday, Feb. 13 – Professional Development Day (no school for students)

Monday, Feb. 16 – Family Day (no school)

Wednesday, Feb 18 – Whole school FREE hot lunch – chicken noodle soup; gluten-free and vegetarian option available (please send a container with a lid and a spoon or fork with your child)

Friday, Feb. 20 - Assembly at 8:40-9:10am, all welcome!

Wednesday, Feb. 25 – Pink Shirt Day

Monday, March 2 – BVE PAC meeting 6:30-7:30pm in the BVE Library – all welcome, childcare provided!

Wednesday, March 4 - Whole school FREE hot lunch – mac and cheese with gluten-free and vegetarian option available (please send a container with a lid and a spoon or fork with your child)

Thursday, March 5 – Battle of the Books at BVE!

Friday, March 6 - Assembly at 8:40-9:10am, all welcome!

Wednesday, March 11 – District Parent Presentation on Artificial Intelligence in Education (more info to follow by email)

March 16- 29 – Spring Break



## Family Literacy Celebrations

Last week we enjoyed a school-wide celebration of Literacy, with **Dress As Your Favourite Book Character Day** and Book Swap on Thursday, January 29<sup>th</sup>. Students shared their love of reading by choosing a character to emulate from a favourite book! We did a whole school parade through the halls, dressed in character. The Book Swap was opened up for classes to visit later that morning. We are grateful to BVE families for the many books that were donated for the swap. Any books left over will be in the BVE Little Free Library for the taking!

## Grade-Specific Sports Explorations

Our District supports each grade level to try different sports, with community coaches helping our students gain skills and expertise, with no cost to families. The Grade 3s have completed their 3 sessions of skiing or snowboarding at RMR, with so many students going from little to no experience on the slopes, to having much more confidence and skill in just 3 days of lessons. The Grade 4s have similarly started their cross-country ski lessons at the Nordic Centre on Mondays, with additional opportunities for After School Skiing sessions for all Intermediate students on Tuesdays.



Grade Ones will begin their skating lessons soon, and Grade 6s will have their chance to go to RMR for skiing and snowboarding. The Grade 7s got to experience curling, with the help of Curling club volunteers. Kindergartens got to go to the Gymnastics Gym, and Grade 2s and 5s will have swimming lessons in the Spring. The sports explorations opportunities are a unique and valued program that aims to give all students opportunities to try sports, get to know different areas and people, and hopefully encourage life-long physical activity and love of staying active.

Grade 1 skating: 9:30- 10:30	Ski/Snowboard RMR 8:40- 2:00	Nordic
Ms. Malcolm's class <b>Tuesdays Feb. 3, 10, 17</b> Ms. Uremovich's class <b>Wednesdays Feb. 4, 11, 18</b>	<b>Grade 6 (34 students)</b> <b>Tuesdays</b> Feb 3, 10, and 17	<b>Grade 4 Mondays</b> Jan 19, 26, Feb 2, 9 8:45-11:30 <b>Skiing After School</b> Tuesdays Jan 20, 27, Feb 10, 17 & 24 2:30-4:30

## Basketball

This year we have a small but mighty girls' team, coached by Mrs. Uremovich and Ms. Floyd. The team has students from Grades 5, 6 and 7 as there weren't enough players in Grade 6 and 7 alone. However, the team is very dedicated, and is definitely getting very fit, with all players playing almost every period each game!

By contrast, the boys' team was so big, it had to be made into two teams for District games. This Thursday, the two BVE teams will play each other. All games are on Thursdays, and spectators are welcome to come out and cheer!

Basketball game schedule:

	GIRLS	BOYS
Date	Away - Home	Away - Home
January 29	BVE @ AHE	AHE @ CPE; BVE 1 @ BVE 2
February 5	CPE @ AHE	AHE @ BVE 2; BVE 1 @ CPE
February 12	BVE @ CPE	CPE @ AHE ; BVE 1 @ BVE 2
February 19	AHE @ CPE	CPE @ BVE 2 ; BVE 1 @ AHE
February 26	Final Tournament RSS	Final Tournament RSS

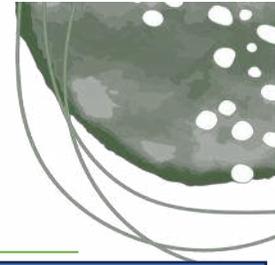


## Battle of the Books

BVE will host the District Battle of the Books competition on Thursday, March 5<sup>th</sup>. Students who participate read 10 different "Battle Books" at their grade level (Grades 3-7), and then work in teams from each school to answer questions based on the books. Combined teams from Revelstoke then have an opportunity to travel to the Central Okanagan to compete against schools from across the region. You are welcome to come and watch the District Battle of the Books, March 5<sup>th</sup> at 9:00am in the BVE Gym.

## Parent/ Caregiver Series

These sessions are open to all parents, caregivers, school district employees, or community partners who would like to come together to learn. We will have tea & treats and there will be a virtual option if you would prefer.



Feb 4<sup>th</sup>



### Responding to Our Children's Challenging Behaviours (whether they are 5 or 15 years old!) with Hilla Shlomi, CYMH

All children "misbehave" at times, and all parents struggle with how to effectively respond to these behaviours. This session will introduce parents to an attachment-based, emotion-focused approach to responding to children's challenging behaviours.

**Where:** Begbie View Elementary Library

**Time:** 6:30-8:00

**Virtual Link:** [February 4th Parent & Caregiver Virtual Link](#)

February 26<sup>th</sup>



### Video Games – Risks and Benefits with Dr Bret Batchelor

This session will cover the current evidence for both the benefits and the risks of video gaming. Further, Dr Batchelor will discuss the concepts of in person gaming versus online gaming.

**Where:** Arrow Heights Elementary School Library

**Time:** 6:30-8:00

**Virtual Link:** [Feb 26th Parent & Caregiver Session Virtual Link](#)

April 28<sup>th</sup>



### Why Kids Need Grown-ups to be in Charge, and What Almost Always Gets in the Way with Dr Vanessa Lapointe

It sort of goes without saying that grown-ups need to be in charge. And yet, being in charge can be a whole lot easier said than done. In fact, Dr. Vanessa believes that the greatest crisis facing children today is that it is the children who are in charge rather than the grown-ups. It can feel like things have been turned upside down, and you find the child telling you what to do and how to do it – being bossy, demanding, prescriptive, and generally large and in charge! There is a reason this is happening with increasing frequency for children. Contrary to popular culture, this reason is not that children need a firmer, stricter hand. The true reason for why children are adopting the large and in charge stance is much more complex. Dr. Vanessa will shine a bright light on the real essence of leadership when it comes to child raising, and how to guide children to a place of emotional rest as you – the big person – steps back in as their ultimate guide.

**Where:** Revelstoke Performing Arts Theatre

**Time:** 6:30-8:00

**Virtual Link:** [Apr 28th Parent & Caregiver Series Virtual Link](#)





## School District #19 (Revelstoke) Kindergarten Registration Reminder



*Do you have a child born in 2021?*

*It's time to register for Kindergarten in Revelstoke!*

We are excited to welcome parents, guardians and caregivers to register all children turning five years old in 2026 for Kindergarten starting September 2026! Revelstoke School District wants to ensure that staff and resources are in place at our neighbourhood schools to meet the needs of all Kindergarten students in our community. Registering new Kindergarten students now helps us to be ready for our new young learners!

### How to Register for Kindergarten

Parents, guardians and caregivers of new students must register at your neighbourhood school. If a placement to another school is desired, please still register at the neighbourhood school and request to apply for a cross-boundary placement.

To register your child online, go to [www.sd19.bc.ca](http://www.sd19.bc.ca) and click "Register" along the top menu.

If needed, paper registration forms are available at each elementary school.

<b>Arrow Heights Elementary</b> 1950 Park Drive (250) 837-6360 Email: <a href="mailto:ahe@sd19.bc.ca">ahe@sd19.bc.ca</a> Pam Mair, Principal	<b>Begbie View Elementary</b> 1001 Mackenzie Avenue (250) 837-3085 Email: <a href="mailto:bve@sd19.bc.ca">bve@sd19.bc.ca</a> Ariel McDowell, Principal	<b>Columbia Park Elementary</b> 120 Colbeck Road (250) 837-4744 Email: <a href="mailto:cpe@sd19.bc.ca">cpe@sd19.bc.ca</a> Tammy Tomm, Principal
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### Information required to complete Kindergarten registration:

- **Proof of age/citizenship:** e.g. child's birth certificate, passport, proof of Canadian citizenship, immigration documents
- **Proof of BC residency:** e.g. Medical Services Plan, BC Care Card
- **Proof of local address:** e.g. driver's licence, utility bill

**Required supporting documentation for student registrations can be submitted via the SD19 online registration form or brought directly to the neighbourhood school's office.**

Opportunities will be provided in the winter and spring for parents, guardians, caregivers and children to meet and ask questions regarding the transition of your child to Kindergarten. If you have immediate questions, or would like further information, please feel free to call the School District office (250) 837-2101, or your neighbourhood school.

*School District 19 is looking forward to starting a lifelong journey of learning and growing with our new Kindergarten students in September 2026!*

## Volunteer Requests

We are always looking for help around here! If you or someone you know would like to get involved at BVE, please drop us a note:

[amcdowell@sd19.bc.ca](mailto:amcdowell@sd19.bc.ca) or [bjohnson@sd19.bc.ca](mailto:bjohnson@sd19.bc.ca) , or call (250) 837-3085.

Currently, here are some things on the go that could use some help:



1. Lost and Found – We always need help to organize and post photos of items in the lost and found, and to clean and drop off items that have not found a home within a month or two. Commitment: 15-30 minutes a week, 1-2 hours a month
2. Breakfast Program – Help to prepare breakfast plates for each class, including cutting fruits and vegetables, making smoothies, preparing toast, eggs, etc. Commitment: We would appreciate about one hour, any consistent morning you can help with (i.e. every Tuesday, or every Thursday, etc.).
3. Friday Explorations – Teach and lead small groups (4-6 students) to learn specific skills of interest during their 7-week, Friday afternoon Explorations block. Topics in the past have included sewing, carpentry, bike repair, clay, programming (Lego Mindstorm, drones), etc. Contact Barry Leung specifically if this is of interest to you:  
[bleung@sd19.bc.ca](mailto:bleung@sd19.bc.ca)

## PAC Message

The BVE Parent Advisory Committee is an active part of life at BVE! The PAC exists to provide input on the direction of BVE and to help enrich the experience of students and families at our school. This year, a group of parents is again working to create a yearbook to document and remember the 2025-2026 school year. Additionally, the PAC holds events such as Green Christmas, and the recent Glow Dance. Every parent or caregiver of a BVE student is welcome to come to PAC meetings. The next one will be February 2<sup>nd</sup>, at 6:30pm in the BVE Library. We hope to see you there!



## Pink Shirt Day- February 25<sup>th</sup>- What it's All About

World Changing Kids describes the story of Pink Shirt Day this way: "In 2007, on his first day of Grade 9, a boy in Nova Scotia wore a pink shirt to school. He was really happy with his pink shirt, he thought it looked great. But a few of the older boys in Grade 12 teased him for wearing pink – they tried to tell him that boys should not wear pink – which is not true! This Grade 9 boy was really sad about being teased and was afraid to go to school the next day because he didn't want the older boys to pick on him again.

Two other Grade 12 boys in the school – David and Travis – found out about this and decided that they weren't going to sit by and watch this Grade 9 boy get bullied. They wanted to come up with a plan to show the bullies that their actions were not going to be tolerated this year.

David and Travis decided to buy a bunch of pink shirts to hand out at school the next day. They went home and reached out to all their friends by email and on social media – asking their friends to wear one of these pink shirts at school the following day. Travis and David wanted to create a "sea of pink" to let the bullies know that they were not going to get away with picking on the Grade 9 boy.

The next day at school, not only did their friends wear the pink shirts that David and Travis bought, but hundreds of other kids at the school wore pink – some from head to toe. When the Grade 9 boy arrived at school to see the "sea of pink" he became a lot happier, it was like a weight was lifted off his shoulders – he was no longer afraid to go to school. And the bullies got the message that bullying was not going to be allowed at this school anymore."

You can watch this video to learn more about this day:

<https://youtu.be/Tb2a4nPBgUY>

On Wednesday, February 25<sup>th</sup>, students may choose to wear pink. The whole school will gather for a couple of special events: at 8:40, the Grade 1s, 2s, and 3s will perform a song they have been working on. Then, we will welcome Green Thumb Theatre for a performance of the play "500 Words". The play is perfect for recognizing Pink Shirt Day – all about how easy it is to make assumptions or overlook the talents and contributions of others, as well as the need to see and honor each other.

